



2013 Fun Run & Walk Signup

August 24, 2013

Pleasant Creek State Park

Palo, IA

Registration: 7:00 AM Race: 8:00 AM

Send orders by August 1, 2013 to guarantee a shirt.

First Name _____ Last Name _____

Email Address _____ Phone Number _____

Street Address _____

City _____ State _____ Zip Code _____

Gender (circle one) Male Female T-Shirt Size _____

Age (in years) on the day of the event _____

In which event will you participate? (circle one)

5K Walk 5K Run 10K Run Volunteer

Note: Registration is \$30 with ASICS Dri-Fit Shirt or \$25 with Cotton T-Shirt

Desired Shirt Type (circle choice): ASICS Dri-Fit Cotton T-Shirt

Team Name (if applicable) _____

Please print and review the Legal Consent and Waiver Form and bring a signed copy of the form for each participant on the day of the event.

Mail Forms to:
Aiming for a Cure
c/o Jodie Ries
3000 Central City Rd
Central City, IA. 52214