## 2013 Aiming For A Cure Fun Run/Walk Waiver

## August 24<sup>th</sup>, 2013

I am aware that running/walking in a road race is very strenuous and potentially hazardous activity. I realize that I should not enter and run/walk unless I am medically able and properly trained to do so. Knowing this, I certify that, to the best of my knowledge, I am in excellent physical condition and have no medical condition that could likely worsen by participating in this event. Furthermore, I certify that I have trained properly for this event and agree to abide by any decision made by a race official concerning my participation in the run or walk.

I am fully aware of and assume all risks associated with participating in the event. Risks include, but are not limited to: falls, contact with other participants, the effect of weather including extreme cold or heat, humidity, wind, snow, rain, ice, and conditions of the road. I appreciate and assume all risks associated with the presence of vehicular traffic on the road race course. I am also fully aware that I am solely responsible for my own safety while traveling to and from all events associated with the 2013 Aiming for a Cure Fun Run/Walk.

In addition, I fully understand wearing headphones or using a stroller while participating in the event could be potentially hazardous to my safety & the safety of others. I further understand that any sponsoring organizations and/or entities thereof have recommended against the wearing of headphones or usage of a stroller of any kind.

Having read this waiver and knowing the facts, and in consideration of you accepting my entry, I, on behalf of myself and anyone entitled to act on my behalf, including my heirs, devisees, and personal representatives, waive and release the Aiming for a Cure Foundation, Board and Committee members, the Park Staff & Iowa DNR, the cities & counties in which the race is contested, any sponsors, race officials, staff, volunteers, and all of their representatives, successors, and assigns, from any and all claims or liability for death or damages for all bodily injuries to me or my property arising out of or in connection with this event, including without limitation, all claims or liabilities resulting from those matters described in the preceding paragraphs. This waiver extends to all claims of any kind or nature, whether foreseen or unforeseen, know or unknown, including claims relating to or arising out of any negligence of any persons or entities affiliated with Aiming For A Cure and the Aiming For A Cure Fun Run/Walk event. This waiver shall constitute a legally binding covenant not to sue any of the aforementioned persons or entities in whose favor this waiver and release is executed.

Furthermore, I grant permission to all foregoing organizations and entities to use any photographs, motion pictures, recordings or any other record of this event for legitimate purposes. In addition, my signature below verifies that I have read and agreed to the terms stated above. I understand that any entry fees are non-refundable.

Date:	
Participant Signature	
Parental Consent Signature	
(Must be obtained for those under 18 years of ag	ae)